

Center of Light



HOST
KEITA ANTHONY BLANCHARD

Radio

Steve Lancaster

1
00:00:47,310 --> 00:00:03,290
you're listening to Ira the inception

2
00:00:47,320 --> 00:01:03,170
since

3
00:01:09,670 --> 00:01:07,000
she inside see the light

4
00:01:12,340 --> 00:01:09,680
welcome to centre of light radio with

5
00:01:14,860 --> 00:01:12,350
spiritual teacher intuitive musician

6
00:01:17,110 --> 00:01:14,870
composer and best-selling author of the

7
00:01:19,780 --> 00:01:17,120
Divine Principle anchoring heaven on

8
00:01:22,210 --> 00:01:19,790
earth your host Keith Anthony Blanchard

9
00:01:27,810 --> 00:01:22,220
center of light radio signal divine and

10
00:01:31,870 --> 00:01:27,820
fold Minh and reinforcement strap in all

11
00:01:35,110 --> 00:01:31,880
ye spiritual astronauts as we launch for

12
00:01:38,110 --> 00:01:35,120
inner space welcome to the program each

13
00:01:40,930 --> 00:01:38,120

and every one of you I am appreciative I

14

00:01:44,350 --> 00:01:40,940

am grateful that you were here recap of

15

00:01:46,930 --> 00:01:44,360

some past announcements wanji this way

16

00:01:50,469 --> 00:01:46,940

yogi God realized man is going to be

17

00:01:52,480 --> 00:01:50,479

here august seventeenth actually we're

18

00:01:53,920 --> 00:01:52,490

going to be doing a live video feed I

19

00:01:55,420 --> 00:01:53,930

think it's I'm since i'm new to

20

00:01:57,250 --> 00:01:55,430

inception radio things going to take

21

00:02:00,040 --> 00:01:57,260

place in the video lounge kind of thing

22

00:02:02,920 --> 00:02:00,050

meet you my producer joe fantastic guy

23

00:02:05,320 --> 00:02:02,930

he always does me right um about some of

24

00:02:08,740 --> 00:02:05,330

the electronic technical particulars but

25

00:02:10,960 --> 00:02:08,750

we working on making that happen so you

26

00:02:13,150 --> 00:02:10,970

can experience the full power in light

27

00:02:15,610 --> 00:02:13,160

of this divine holy man from India

28

00:02:20,140 --> 00:02:15,620

Swansea Viswa Yogi's do have not heard

29

00:02:25,479 --> 00:02:20,150

back from my human hybrid alien friend

30

00:02:27,310 --> 00:02:25,489

nucleus 8 I'm sure I will he's a

31

00:02:29,560 --> 00:02:27,320

character you'd have to know him to know

32

00:02:31,030 --> 00:02:29,570

how he operates and does things but i'm

33

00:02:34,150 --> 00:02:31,040

looking forward to get confirmation from

34

00:02:37,600 --> 00:02:34,160

him that he will come in the show and my

35

00:02:40,199 --> 00:02:37,610

guess is that we probably will not do a

36

00:02:44,350 --> 00:02:40,209

live broadcast because we don't want

37

00:02:46,270 --> 00:02:44,360

those people targeting up targeting him

38

00:02:48,670 --> 00:02:46,280

out finding out where he is because he's

39

00:02:51,040 --> 00:02:48,680

had these kinds of episodes before where

40

00:02:53,530 --> 00:02:51,050

he was found and there was attempts made

41

00:02:55,150 --> 00:02:53,540

towards his well-being so we're going to

42

00:02:57,370 --> 00:02:55,160

keep everything groovy and everything

43

00:03:00,940 --> 00:02:57,380

safe for mr. nucleus eight if he decides

44

00:03:03,670 --> 00:03:00,950

he is able to leave his planetary

45

00:03:06,160 --> 00:03:03,680

station 35 + whatever thousand

46

00:03:09,090 --> 00:03:06,170

light-years away keep in mind he does

47

00:03:11,979 --> 00:03:09,100

its own matter of a thought pops into

48

00:03:15,520 --> 00:03:11,989

star one the human lady who he works

49

00:03:17,640 --> 00:03:15,530

through it's pretty amazing but we're

50

00:03:19,899 --> 00:03:17,650

going to be hopefully um

51
00:03:22,509 --> 00:03:19,909
send up some prayers that nucleus says

52
00:03:24,369 --> 00:03:22,519
yes he's gonna chime in on center of

53
00:03:28,539 --> 00:03:24,379
light radio make sure you visit center

54
00:03:32,110 --> 00:03:28,549
of light radio website you do that by

55
00:03:34,000 --> 00:03:32,120
going to center of light radio.com lots

56
00:03:37,479 --> 00:03:34,010
of really really cool stuff there in

57
00:03:39,339 --> 00:03:37,489
fact today i posted some services that i

58
00:03:41,140 --> 00:03:39,349
will be providing i do public speaking

59
00:03:43,930 --> 00:03:41,150
have been doing public speaking for

60
00:03:47,589 --> 00:03:43,940
years everything from spiritual topics

61
00:03:50,440 --> 00:03:47,599
to divine incarnations to aliens to all

62
00:03:52,569 --> 00:03:50,450
gosh how to empower you so you can live

63
00:03:54,490 --> 00:03:52,579

your best life to be able to live your

64

00:03:56,800 --> 00:03:54,500

passion live your dreams on this planet

65

00:03:58,539 --> 00:03:56,810

be successful whatever that means to you

66

00:04:00,280 --> 00:03:58,549

whatever that word success means to you

67

00:04:02,530 --> 00:04:00,290

some of the other services i will be

68

00:04:06,360 --> 00:04:02,540

providing providing would be spiritual

69

00:04:10,030 --> 00:04:06,370

readings life coaching removal of dark

70

00:04:12,069 --> 00:04:10,040

entities ooh that stuff that sometimes

71

00:04:14,250 --> 00:04:12,079

finds its way into people's homes and

72

00:04:17,110 --> 00:04:14,260

makes our life just a living hell and

73

00:04:19,629 --> 00:04:17,120

this show here we are all about light so

74

00:04:22,390 --> 00:04:19,639

if you know anybody who needs help with

75

00:04:26,890 --> 00:04:22,400

removal such energies from their home I

76
00:04:28,420 --> 00:04:26,900
would be more than happy to help also

77
00:04:29,890 --> 00:04:28,430
you can jump seat from center of light

78
00:04:32,860 --> 00:04:29,900
way to go to Keith Anthony blanching

79
00:04:35,409 --> 00:04:32,870
calm there you can find all of my books

80
00:04:38,560 --> 00:04:35,419
everything I'm about both those sites

81
00:04:41,110 --> 00:04:38,570
but most importantly check out the

82
00:04:43,839 --> 00:04:41,120
anchoring heaven on earth audio

83
00:04:46,270 --> 00:04:43,849
meditation the free let me emphasize

84
00:04:49,180 --> 00:04:46,280
that word free anchoring heaven on earth

85
00:04:52,810 --> 00:04:49,190
audio meditation it'll help you find

86
00:04:54,850 --> 00:04:52,820
that space within yourself so you can

87
00:04:58,060 --> 00:04:54,860
make your life effortless so you can

88
00:05:01,029 --> 00:04:58,070

make your life easier and we all can use

89

00:05:02,680 --> 00:05:01,039

some of that that's for sure also feel

90

00:05:05,050 --> 00:05:02,690

free to check out do what you love a

91

00:05:07,180 --> 00:05:05,060

path to passionate living spirit of

92

00:05:10,330 --> 00:05:07,190

documentary made about my life from root

93

00:05:13,000 --> 00:05:10,340

blue cast productions telling you that

94

00:05:15,279 --> 00:05:13,010

you can live your passion as I said just

95

00:05:18,250 --> 00:05:15,289

before check all that cool groovy stuff

96

00:05:21,520 --> 00:05:18,260

out also at center of light radio com

97

00:05:25,510 --> 00:05:21,530

you can find the archives to all my past

98

00:05:27,100 --> 00:05:25,520

shows to call into the show today to

99

00:05:31,119 --> 00:05:27,110

speak to myself or my guests you can

100

00:05:34,989 --> 00:05:31,129

down 8 8 8 9 192 355 that's

101

00:05:38,019 --> 00:05:34,999

8 9 192 355 remember if you're not at

102

00:05:39,489 --> 00:05:38,029

home by your fav by your computer and

103

00:05:41,439 --> 00:05:39,499

you want to hear your favorite show you

104

00:05:44,199 --> 00:05:41,449

can go to the App Store on your phone

105

00:05:47,649 --> 00:05:44,209

and download the inception radio network

106

00:05:50,499 --> 00:05:47,659

app for free in so doing you will have

107

00:05:53,109 --> 00:05:50,509

everything at your fingertips chatroom

108

00:05:54,820 --> 00:05:53,119

listen live links news podcasts much

109

00:05:56,409 --> 00:05:54,830

more remember there are many ways to

110

00:06:02,949 --> 00:05:56,419

connect to center of light radio and

111

00:06:06,419 --> 00:06:02,959

inception radio for sure now it's time

112

00:06:08,709 --> 00:06:06,429

to get down to select radio business

113

00:06:12,279 --> 00:06:08,719

I've always wanted to talk like that on

114

00:06:15,189 --> 00:06:12,289

the know today my guess is going to be a

115

00:06:17,889 --> 00:06:15,199

dear friend of mine very very powerful

116

00:06:19,239 --> 00:06:17,899

speaker I'm not kidding you put on your

117

00:06:21,999 --> 00:06:19,249

seat belt he's going to take you for a

118

00:06:27,129 --> 00:06:22,009

ride today's topic is going to be hidden

119

00:06:29,439 --> 00:06:27,139

keys to peak power my guest today is

120

00:06:31,989 --> 00:06:29,449

Steve Lancaster Steve Lancaster is a

121

00:06:35,529 --> 00:06:31,999

spiritual seeker teacher and pastor

122

00:06:37,419 --> 00:06:35,539

founder of the former happy Church of

123

00:06:41,009 --> 00:06:37,429

Memphis Tennessee an organization

124

00:06:43,329 --> 00:06:41,019

locally renowned for its vibrant energy

125

00:06:47,019 --> 00:06:43,339

compassionate empathy and bold

126

00:06:50,699 --> 00:06:47,029

originality Steve evolved to explore a

127

00:06:53,109 --> 00:06:50,709

broader path of spiritual expression and

128

00:06:55,389 --> 00:06:53,119

interesting he doesn't have one of these

129

00:06:57,189 --> 00:06:55,399

big long bios he just gets right to the

130

00:06:59,739 --> 00:06:57,199

point welcome to center of light my

131

00:07:02,589 --> 00:06:59,749

friend my brother mr. steve lancaster

132

00:07:05,109 --> 00:07:02,599

key thank you so much what a what a

133

00:07:09,219 --> 00:07:05,119

pleasure to share with others to learn

134

00:07:12,579 --> 00:07:09,229

from others of how to how to fulfill our

135

00:07:15,069 --> 00:07:12,589

potential how to find more you know

136

00:07:18,489 --> 00:07:15,079

someone said if you think there's must

137

00:07:21,989 --> 00:07:18,499

be more than there must be more I've

138

00:07:26,469 --> 00:07:21,999

been seeing a lot of your post's about

139

00:07:28,449 --> 00:07:26,479

powering up powering up and and that has

140

00:07:31,689 --> 00:07:28,459

been speaking to me and that has been

141

00:07:34,719 --> 00:07:31,699

resonating with me me and I loved one

142

00:07:38,589 --> 00:07:34,729

thing you posted Keith you said I'm very

143

00:07:42,759 --> 00:07:38,599

happy but not as happy as I am going to

144

00:07:44,559 --> 00:07:42,769

be yes that's profound uh you know Keith

145

00:07:47,799 --> 00:07:44,569

this is a school you know

146

00:07:51,329 --> 00:07:47,809

graduate from you know you never get a

147

00:07:54,969 --> 00:07:51,339

certificate because you keep learning on

148

00:07:58,540 --> 00:07:54,979

tapping that which is infinite infinite

149

00:08:00,969 --> 00:07:58,550

NM it is infinite therefore there is no

150

00:08:03,820 --> 00:08:00,979

end of the knowing there is no

151

00:08:07,149 --> 00:08:03,830

parameters that we can not can you know

152

00:08:10,480 --> 00:08:07,159

fully define however we can come to

153

00:08:13,389 --> 00:08:10,490

understand some terms and simple ways in

154

00:08:16,029 --> 00:08:13,399

which to tap in and you know the the

155

00:08:21,339 --> 00:08:16,039

ancient christian mystics said out of

156

00:08:25,329 --> 00:08:21,349

your belly will flow rivers rivers of

157

00:08:28,239 --> 00:08:25,339

living water I like that I like that I

158

00:08:32,170 --> 00:08:28,249

want that and I want to experience that

159

00:08:36,129 --> 00:08:32,180

and be a part of that energy in this in

160

00:08:37,899 --> 00:08:36,139

this age of awakening absolutely for the

161

00:08:40,870 --> 00:08:37,909

listening audience how I come to know

162

00:08:44,290 --> 00:08:40,880

Steve Lancaster Steve you were about 11

163

00:08:47,259 --> 00:08:44,300

years old when you begin to choose word

164

00:08:50,499 --> 00:08:47,269

preach scripture recite scripture like

165

00:08:52,809 --> 00:08:50,509

it was no deep I was actually five years

166

00:08:54,790 --> 00:08:52,819

old and not there there may be someone

167

00:08:58,210 --> 00:08:54,800

listening that it was in their front

168

00:09:00,550 --> 00:08:58,220

yard that I felt an impulse to begin to

169

00:09:03,730 --> 00:09:00,560

just cry lout you know the old John the

170

00:09:05,679 --> 00:09:03,740

Baptist thing and you know the mother

171

00:09:09,400 --> 00:09:05,689

stood at the door and was like what the

172

00:09:11,170 --> 00:09:09,410

heck you know and I just tried it on as

173

00:09:15,009 --> 00:09:11,180

a kid in somebody's front yard and it

174

00:09:17,559 --> 00:09:15,019

felt pretty good and and somehow the the

175

00:09:19,749 --> 00:09:17,569

minister of the Baptist Church I was

176

00:09:21,069 --> 00:09:19,759

thinking he got wind of it and he said

177

00:09:23,350 --> 00:09:21,079

well you know we'll put the kid up there

178

00:09:25,929 --> 00:09:23,360

for five minutes on Wednesday night this

179

00:09:28,689 --> 00:09:25,939

so this will be fun and you know 50

180

00:09:31,269 --> 00:09:28,699

minutes later they they were think me

181

00:09:35,650 --> 00:09:31,279

down so you know we may be in trouble

182

00:09:38,439 --> 00:09:35,660

but anyway I think there's uh it's

183

00:09:40,870 --> 00:09:38,449

something that was ingrained in me from

184

00:09:42,929 --> 00:09:40,880

birth and it may have past life

185

00:09:45,519 --> 00:09:42,939

connections and I know that may be

186

00:09:48,519 --> 00:09:45,529

problematic for some but I think we

187

00:09:50,740 --> 00:09:48,529

discover that on the journey and so yeah

188

00:09:53,590 --> 00:09:50,750

it's it's fun i love to speak but also

189

00:09:56,740 --> 00:09:53,600

love to listen I love to teach I love to

190

00:09:58,240 --> 00:09:56,750

learn because it's only out of the

191

00:10:00,520 --> 00:09:58,250

abundance of the heart

192

00:10:03,250 --> 00:10:00,530

that the mouth speaks is what the master

193

00:10:06,520 --> 00:10:03,260

said so if the if the heart is empty

194

00:10:08,830 --> 00:10:06,530

there's really not much to say so that's

195

00:10:12,850 --> 00:10:08,840

why we have to you know explore our

196

00:10:16,540 --> 00:10:12,860

power practices we've got to we've got

197

00:10:21,310 --> 00:10:16,550

to be still we have to meditate we have

198

00:10:25,180 --> 00:10:21,320

to connect we have to listen to what the

199

00:10:28,660 --> 00:10:25,190

divine is saying to us in our own voice

200

00:10:31,390 --> 00:10:28,670

and in the voice of other people in the

201

00:10:34,540 --> 00:10:31,400

voice of experience that's going on

202

00:10:37,000 --> 00:10:34,550

around us in the voice of children in

203

00:10:39,160 --> 00:10:37,010

the voice of nature and voice of

204

00:10:41,890 --> 00:10:39,170

laughter and the voice of play and the

205

00:10:45,270 --> 00:10:41,900

voice of work the divine is always

206

00:10:49,930 --> 00:10:45,280

speaking and so our hearts have a

207

00:10:52,810 --> 00:10:49,940

capacity to contain incredible amounts

208

00:10:56,860 --> 00:10:52,820

of information and to me information is

209

00:11:00,750 --> 00:10:56,870

energy and it's all vibration and when

210

00:11:03,100 --> 00:11:00,760

we store and absorb that I think Keith

211

00:11:05,770 --> 00:11:03,110

every you know you and I were discussing

212

00:11:08,380 --> 00:11:05,780

this the other night at your music

213

00:11:12,670 --> 00:11:08,390

performance every person is a power

214

00:11:16,300 --> 00:11:12,680

person every person is a power person

215

00:11:20,410 --> 00:11:16,310

now we we are all at different degrees

216

00:11:25,030 --> 00:11:20,420

of learning to access that different

217

00:11:27,760 --> 00:11:25,040

agrees of awareness of that but keep we

218

00:11:30,760 --> 00:11:27,770

all have incredible potential and that's

219

00:11:33,790 --> 00:11:30,770

the exciting thing about this this study

220

00:11:36,490 --> 00:11:33,800

in this topic yes yes seeing I was about

221

00:11:38,829 --> 00:11:36,500

to say how I come to meet you I was

222

00:11:40,300 --> 00:11:38,839

doing some rock show here in Memphis and

223

00:11:45,040 --> 00:11:40,310

I was about to go and break and I saw

224

00:11:46,840 --> 00:11:45,050

this dashing young man sitting there and

225

00:11:49,180 --> 00:11:46,850

he looked he did not look like anybody

226

00:11:51,370 --> 00:11:49,190

else in the room honestly he looked

227

00:11:52,900 --> 00:11:51,380

different and I mean that energetically

228

00:11:55,270 --> 00:11:52,910

there was a different signature to this

229

00:11:58,660 --> 00:11:55,280

cat and I get off the stage and I just

230

00:11:59,980 --> 00:11:58,670

felt myself walking towards his table

231

00:12:03,210 --> 00:11:59,990

and just SAT there and just introduce

232

00:12:06,579 --> 00:12:03,220

myself and we just became immediately

233

00:12:08,920 --> 00:12:06,589

connected in such a multi-dimensional

234

00:12:09,910 --> 00:12:08,930

layer in a matter of a moment

235

00:12:12,730 --> 00:12:09,920

would you agree with that steam that's

236

00:12:14,320 --> 00:12:12,740

not happen for you absolutely Keith and

237

00:12:17,530 --> 00:12:14,330

you know it's something that has just

238

00:12:21,250 --> 00:12:17,540

never gone away we have we call each

239

00:12:25,300 --> 00:12:21,260

other at spontaneous times in late hours

240

00:12:27,940 --> 00:12:25,310

of the night and talk and share and then

241

00:12:30,550 --> 00:12:27,950

share some of the strange experiences

242

00:12:34,660 --> 00:12:30,560

and just up to share a joke you know it

243

00:12:36,940 --> 00:12:34,670

feels wonderful experience knowing you

244

00:12:39,490 --> 00:12:36,950

and I appreciate that friendship and

245

00:12:42,699 --> 00:12:39,500

that connection because as as one of my

246

00:12:45,190 --> 00:12:42,709

points embrace your power people of

247

00:12:49,720 --> 00:12:45,200

Keith I know that you're you're a power

248

00:12:52,420 --> 00:12:49,730

person in my life that is imparted a lot

249

00:12:55,060 --> 00:12:52,430

just just by hanging out just by hanging

250

00:12:59,530 --> 00:12:55,070

out so yes he lets dumping let's jump

251
00:13:02,470 --> 00:12:59,540
right into the topic here about finding

252
00:13:04,930 --> 00:13:02,480
the hidden keys to peak power oh you

253
00:13:07,780 --> 00:13:04,940
named some bullet points on these

254
00:13:10,120 --> 00:13:07,790
particular variables one would be

255
00:13:11,530 --> 00:13:10,130
embracing power people in your life can

256
00:13:13,660 --> 00:13:11,540
you expound upon that a little more

257
00:13:15,670 --> 00:13:13,670
please yeah you you can tell I'm a

258
00:13:19,269 --> 00:13:15,680
preacher Keith you know everything kind

259
00:13:23,430 --> 00:13:19,279
of goes to embrace your and explore your

260
00:13:25,690 --> 00:13:23,440
power practices and experience power pre

261
00:13:28,269 --> 00:13:25,700
determinations and I'm really excited to

262
00:13:31,390 --> 00:13:28,279
talk about that one yeah we we have

263
00:13:36,519 --> 00:13:31,400

people we we all know it's not rocket

264

00:13:41,110 --> 00:13:36,529

science to figure out who turns you up

265

00:13:45,090 --> 00:13:41,120

and who turns you down now that is not

266

00:13:48,070 --> 00:13:45,100

to cast disparage on any human being

267

00:13:51,610 --> 00:13:48,080

every person is a power person but not

268

00:13:54,069 --> 00:13:51,620

every person has accessed and awakened

269

00:13:57,640 --> 00:13:54,079

to that very well good stop right there

270

00:14:00,250 --> 00:13:57,650

that is very very well said that is

271

00:14:02,590 --> 00:14:00,260

really really cool everybody has

272

00:14:05,139 --> 00:14:02,600

infinite potential everybody has

273

00:14:06,880 --> 00:14:05,149

infinite power and like you said it's

274

00:14:10,569 --> 00:14:06,890

not to downplay anyone it's just that

275

00:14:13,389 --> 00:14:10,579

many people are just not utilizing that

276

00:14:15,460 --> 00:14:13,399

which they have you know after doing a

277

00:14:20,019 --> 00:14:15,470

significant amount of work very well

278

00:14:21,990 --> 00:14:20,029

done absolutely Keith so we you know we

279

00:14:24,950 --> 00:14:22,000

need mentors in

280

00:14:29,250 --> 00:14:24,960

this path we need people who can

281

00:14:32,400 --> 00:14:29,260

accelerate us we need people of this has

282

00:14:34,920 --> 00:14:32,410

always been the way the master and the

283

00:14:39,180 --> 00:14:34,930

student when the student is ready the

284

00:14:42,480 --> 00:14:39,190

teacher appears and I think when we come

285

00:14:47,580 --> 00:14:42,490

to the humble recognition Keith that

286

00:14:50,640 --> 00:14:47,590

maybe we don't have enough awareness of

287

00:14:53,430 --> 00:14:50,650

power in our life it's there oh hey it's

288

00:14:57,690 --> 00:14:53,440

there but we don't have the awareness

289

00:15:01,740 --> 00:14:57,700

we're not experiencing the joy the

290

00:15:03,270 --> 00:15:01,750

strength the vitality of that we need

291

00:15:06,480 --> 00:15:03,280

help and I think when there is a

292

00:15:09,240 --> 00:15:06,490

readiness and a humility in us teeth

293

00:15:12,270 --> 00:15:09,250

people will start walking into our lives

294

00:15:16,800 --> 00:15:12,280

I mean you know the universe shows up

295

00:15:18,630 --> 00:15:16,810

and one thing I'll say you know how do

296

00:15:21,420 --> 00:15:18,640

you identify that well how can you tell

297

00:15:24,870 --> 00:15:21,430

when your gas is empty you know the

298

00:15:27,930 --> 00:15:24,880

gauge tells you the car starts and and

299

00:15:30,720 --> 00:15:27,940

we all do that we have the same symptoms

300

00:15:33,920 --> 00:15:30,730

I have a saying in one of my wall cards

301

00:15:39,180 --> 00:15:33,930

keep a pulse on your spiritual vitality

302

00:15:42,000 --> 00:15:39,190

move towards what enlivens you and away

303

00:15:44,340 --> 00:15:42,010

from what deadens you and you know

304

00:15:47,370 --> 00:15:44,350

that's not rocket science Keith there

305

00:15:50,520 --> 00:15:47,380

are certain places you may go and you

306

00:15:52,560 --> 00:15:50,530

feel life draining out of you now I'll

307

00:15:55,910 --> 00:15:52,570

be honest life does not give you the

308

00:15:58,470 --> 00:15:55,920

luxury of just having wonderful

309

00:16:00,570 --> 00:15:58,480

empowering people around you all the

310

00:16:04,530 --> 00:16:00,580

time at least that hasn't been my

311

00:16:07,350 --> 00:16:04,540

experience and many of the listeners you

312

00:16:09,690 --> 00:16:07,360

work with some people that are at a

313

00:16:13,050 --> 00:16:09,700

toxic level that doesn't mean they're a

314

00:16:16,260 --> 00:16:13,060

toxic person it means they're at a toxic

315

00:16:18,600 --> 00:16:16,270

level and and not understanding how to

316

00:16:20,940 --> 00:16:18,610

eliminate the darkness from their

317

00:16:24,030 --> 00:16:20,950

verbiage from their thoughts and

318

00:16:27,480 --> 00:16:24,040

therefore they make things toxic for you

319

00:16:30,930 --> 00:16:27,490

you know I wish you know life gave us a

320

00:16:35,720 --> 00:16:30,940

perfect aquarium to swim in but you know

321

00:16:38,970 --> 00:16:35,730

Keith of fish aren't made in pure water

322

00:16:42,989 --> 00:16:38,980

we have to know that there's vitality

323

00:16:46,259 --> 00:16:42,999

and opportunity even around people that

324

00:16:49,499 --> 00:16:46,269

may seem somewhat toxic although that's

325

00:16:52,590 --> 00:16:49,509

not their true identity we we have to

326

00:16:55,319 --> 00:16:52,600

learn to radiate I mean you know Keith

327

00:16:57,449 --> 00:16:55,329

if this just works in a perfect

328

00:17:00,809 --> 00:16:57,459

environment I wouldn't say it's all that

329

00:17:03,359 --> 00:17:00,819

good stuff you know because you know you

330

00:17:06,929 --> 00:17:03,369

check the newspaper and it's just not

331

00:17:09,539 --> 00:17:06,939

all peaches and cream out there and it's

332

00:17:12,659 --> 00:17:09,549

not all darkness and crap either you

333

00:17:15,269 --> 00:17:12,669

know but there are challenges in human

334

00:17:18,500 --> 00:17:15,279

relationships and families in a

335

00:17:21,569 --> 00:17:18,510

long-distance of marital or love

336

00:17:25,579 --> 00:17:21,579

relationship there there's challenges we

337

00:17:29,310 --> 00:17:25,589

all know that but you know we can still

338

00:17:32,430 --> 00:17:29,320

grab that power that energy that's

339

00:17:34,440 --> 00:17:32,440

available I loved one session where you

340

00:17:37,230 --> 00:17:34,450

know the disciples man they were wanting

341

00:17:40,279 --> 00:17:37,240

a burger really badly and they asked you

342

00:17:42,659 --> 00:17:40,289

know time aren't you hungry you know

343

00:17:46,350 --> 00:17:42,669

aren't you ready to eat and he says I

344

00:17:48,960 --> 00:17:46,360

have a meat or bread that you know not

345

00:17:53,730 --> 00:17:48,970

of Keith that's what I want to know

346

00:17:56,250 --> 00:17:53,740

about okay I want to know you know there

347

00:18:00,350 --> 00:17:56,260

was a statement i believe made by paul

348

00:18:05,789 --> 00:18:00,360

that in him we live and move and have

349

00:18:09,960 --> 00:18:05,799

our being by by the divine all things

350

00:18:12,240 --> 00:18:09,970

consist and I want that awareness I

351
00:18:17,760 --> 00:18:12,250
believe it's alan cohen that says God is

352
00:18:20,399 --> 00:18:17,770
a frequency stay tuned you know and it's

353
00:18:22,560 --> 00:18:20,409
you know our heads and hearts are sort

354
00:18:25,260 --> 00:18:22,570
of like radio dials aren't they Keith I

355
00:18:27,480 --> 00:18:25,270
mean you know the the signals there

356
00:18:29,279 --> 00:18:27,490
there's no problem with the signal and

357
00:18:32,130 --> 00:18:29,289
there's really no problem with our

358
00:18:35,340 --> 00:18:32,140
receiver teeth were just not tuned in

359
00:18:37,409 --> 00:18:35,350
we're tuning tuning into the distracting

360
00:18:40,320 --> 00:18:37,419
noise someone has said something that

361
00:18:42,720 --> 00:18:40,330
pissed us off you know we're tuning into

362
00:18:45,330 --> 00:18:42,730
that oh yeah there's a lot of people who

363
00:18:47,370 --> 00:18:45,340

are there so preoccupied with the blues

364

00:18:50,100 --> 00:18:47,380

they don't ever take the time to listen

365

00:18:52,780 --> 00:18:50,110

to soul music you know me

366

00:18:55,600 --> 00:18:52,790

so Steve how do we begin to recognize

367

00:18:59,320 --> 00:18:55,610

power people other than is it just the

368

00:19:02,440 --> 00:18:59,330

fact that you feel better being around

369

00:19:04,060 --> 00:19:02,450

them um and also recognizing like you

370

00:19:06,940 --> 00:19:04,070

said they have a different bread in a

371

00:19:08,620 --> 00:19:06,950

different neat as to why they are power

372

00:19:10,630 --> 00:19:08,630

people they have something for you in

373

00:19:12,549 --> 00:19:10,640

and like you said I absolutely agree

374

00:19:15,039 --> 00:19:12,559

with that it's not rocket science and

375

00:19:17,230 --> 00:19:15,049

it's out to giving require spiritual

376

00:19:18,820 --> 00:19:17,240

work just to ask yourself is it

377

00:19:20,289 --> 00:19:18,830

beneficial for me to be around this

378

00:19:23,860 --> 00:19:20,299

person the answer should surface

379

00:19:29,820 --> 00:19:23,870

literally immediately yeah yeah that

380

00:19:33,400 --> 00:19:29,830

that is exactly true key and it just um

381

00:19:35,289 --> 00:19:33,410

excuse me it's you know remember the

382

00:19:37,180 --> 00:19:35,299

movie The Shining where the little boy

383

00:19:39,850 --> 00:19:37,190

comes through the line and the old

384

00:19:42,880 --> 00:19:39,860

gentleman says he sort of intuitively

385

00:19:44,500 --> 00:19:42,890

picks up the boys in for a dark ride he

386

00:19:50,440 --> 00:19:44,510

said you're gonna be all right you got

387

00:19:53,620 --> 00:19:50,450

the shine hey man we're gonna be okay

388

00:19:55,600 --> 00:19:53,630

because we got to shine I you know and

389

00:19:58,450 --> 00:19:55,610

someone's listening and man there's is

390

00:20:00,520 --> 00:19:58,460

crazy stuff going on around you hey

391

00:20:03,070 --> 00:20:00,530

you're gonna be okay you've got the

392

00:20:05,710 --> 00:20:03,080

shine the master said if your eye is

393

00:20:09,580 --> 00:20:05,720

single your whole body will be full of

394

00:20:13,330 --> 00:20:09,590

light the discipline of keeping that our

395

00:20:16,750 --> 00:20:13,340

single keith is some sort of requires

396

00:20:18,430 --> 00:20:16,760

that we explore some power practices you

397

00:20:20,200 --> 00:20:18,440

know yeah i was going to go right into

398

00:20:23,740 --> 00:20:20,210

that about exploring your power

399

00:20:25,539 --> 00:20:23,750

practices um what would be late lay out

400

00:20:28,390 --> 00:20:25,549

some examples if you would Steve obey

401
00:20:31,240 --> 00:20:28,400
power practice well you know Keith up

402
00:20:35,590 --> 00:20:31,250
just a for example and this is real

403
00:20:38,500 --> 00:20:35,600
simple oh it doesn't require in great

404
00:20:41,890 --> 00:20:38,510
skill because believe me I'm you know

405
00:20:46,980 --> 00:20:41,900
I'm learning but I call it my I am walk

406
00:20:52,150 --> 00:20:46,990
I am Leslie intentional affirmative

407
00:20:54,280 --> 00:20:52,160
meditational walk and all I get some

408
00:20:56,049 --> 00:20:54,290
cards business cards because they fit

409
00:20:57,760 --> 00:20:56,059
real easy in the in the palm you know

410
00:21:00,100 --> 00:20:57,770
you can buy these little Avery packets

411
00:21:03,430 --> 00:21:00,110
and you can print them up on your

412
00:21:05,740 --> 00:21:03,440
computer or hand write the saying

413
00:21:08,259 --> 00:21:05,750

great site you know you can pull stuff

414

00:21:10,899 --> 00:21:08,269

off facebook key things you hear along

415

00:21:13,299 --> 00:21:10,909

the way you know keith i believe there's

416

00:21:16,180 --> 00:21:13,309

a vibration two words i believe there's

417

00:21:18,580 --> 00:21:16,190

a real magic and an energy and when we

418

00:21:20,409 --> 00:21:18,590

hear a certain word that we need Keith

419

00:21:23,169 --> 00:21:20,419

you ever have it go off and you like a

420

00:21:27,159 --> 00:21:23,179

firecracker man have you ever just I

421

00:21:29,379 --> 00:21:27,169

can't shut it off Steve when somebody

422

00:21:33,009 --> 00:21:29,389

and the wisdom and someone is a real

423

00:21:37,240 --> 00:21:33,019

word crafter and they say something that

424

00:21:39,639 --> 00:21:37,250

just breaks an inner logic ah you know

425

00:21:42,060 --> 00:21:39,649

Wallace wattles he kind of does that to

426

00:21:45,220 --> 00:21:42,070

me about about wealth and prosperity

427

00:21:48,070 --> 00:21:45,230

it's something that I'm still challenged

428

00:21:50,499 --> 00:21:48,080

with but you know I keep listening to

429

00:21:53,169 --> 00:21:50,509

masters I do this walk I go I go about

430

00:21:56,740 --> 00:21:53,179

two miles sometimes three miles slow to

431

00:21:59,049 --> 00:21:56,750

medium pace put on some clothes I feel

432

00:22:00,879 --> 00:21:59,059

comfortable in early morning is better

433

00:22:02,799 --> 00:22:00,889

this time of year you know then when it

434

00:22:06,399 --> 00:22:02,809

gets too hot and humid unless some days

435

00:22:08,619 --> 00:22:06,409

I just want to sweat and detox and get

436

00:22:11,289 --> 00:22:08,629

out there and look at these sayings let

437

00:22:14,110 --> 00:22:11,299

these words you know words are spirit in

438

00:22:16,810 --> 00:22:14,120

life this is what the Masters told us

439

00:22:19,240 --> 00:22:16,820

and we just mentioned there a vibration

440

00:22:21,399 --> 00:22:19,250

there an energy i mean people in the

441

00:22:25,240 --> 00:22:21,409

realms of magic know that you can write

442

00:22:28,539 --> 00:22:25,250

words on houses on walls and it it has a

443

00:22:32,769 --> 00:22:28,549

lasting energy keith and raise vibration

444

00:22:35,110 --> 00:22:32,779

it well to go back to primordial and the

445

00:22:38,769 --> 00:22:35,120

beginning was the word and the Word was

446

00:22:42,330 --> 00:22:38,779

God I mean worry if it seems like word

447

00:22:44,619 --> 00:22:42,340

is not only just found its the

448

00:22:46,749 --> 00:22:44,629

foundation of bringing everything into

449

00:22:47,980 --> 00:22:46,759

manifestation powered the spoken word in

450

00:22:50,619 --> 00:22:47,990

the beginning was the word in the world

451
00:22:52,060 --> 00:22:50,629
was with God and the Word was God yeah

452
00:22:57,129 --> 00:22:52,070
absolutely they are definitely some

453
00:22:59,320 --> 00:22:57,139
vibration long powers inherent and in

454
00:23:02,619 --> 00:22:59,330
spoken word absolutely you know you've

455
00:23:06,100 --> 00:23:02,629
seen dr. emoto's work I know Keith as we

456
00:23:08,680 --> 00:23:06,110
look at labels on the water Jesus man

457
00:23:10,990 --> 00:23:08,690
the crew the waters take different shade

458
00:23:15,129 --> 00:23:11,000
the molecules take different structure

459
00:23:17,200 --> 00:23:15,139
and you put a negative label on some

460
00:23:20,980 --> 00:23:17,210
water and and it might

461
00:23:23,370 --> 00:23:20,990
forms the water you put a positive label

462
00:23:27,310 --> 00:23:23,380
on the water and it causes the

463
00:23:30,610 --> 00:23:27,320

symmetrical forms these artistic layouts

464

00:23:33,340 --> 00:23:30,620

to begin to display is that fascinating

465

00:23:35,320 --> 00:23:33,350

hey so you want energy you want to be a

466

00:23:39,120 --> 00:23:35,330

beautiful soul you want to be a

467

00:23:44,919 --> 00:23:39,130

beautiful person you know hey Luz life's

468

00:23:47,620 --> 00:23:44,929

labels and choose the divine labels that

469

00:23:51,360 --> 00:23:47,630

have been given to you you are made in

470

00:23:55,180 --> 00:23:51,370

the image of God you are spirit and life

471

00:23:58,750 --> 00:23:55,190

you know in you dwells the fullness of

472

00:24:01,269 --> 00:23:58,760

love you are filled with the fruits and

473

00:24:03,460 --> 00:24:01,279

the gifts of the Spirit and you know

474

00:24:05,740 --> 00:24:03,470

Keith when when we begin to put those

475

00:24:08,649 --> 00:24:05,750

kind of labels and you know there's

476

00:24:11,799 --> 00:24:08,659

maybe someone listening you had you had

477

00:24:14,440 --> 00:24:11,809

some some toxic parenting and all sorts

478

00:24:16,450 --> 00:24:14,450

of things were projected on you and you

479

00:24:18,639 --> 00:24:16,460

know I just believe you're really going

480

00:24:21,789 --> 00:24:18,649

to get hold of this today and and and

481

00:24:25,330 --> 00:24:21,799

shed some of those those labels you know

482

00:24:27,909 --> 00:24:25,340

you you don't have to be a victim unless

483

00:24:30,159 --> 00:24:27,919

you choose to be and you can choose to

484

00:24:32,080 --> 00:24:30,169

be a victor not a victim and I know

485

00:24:34,720 --> 00:24:32,090

you're choosing that right now and I'm

486

00:24:36,669 --> 00:24:34,730

very cool Victor instead of victim

487

00:24:38,889 --> 00:24:36,679

Victor instead of victim because that's

488

00:24:41,500 --> 00:24:38,899

going to resign with me the next couple

489

00:24:42,909 --> 00:24:41,510

of weeks that's for sure Steve we're at

490

00:24:45,940 --> 00:24:42,919

the bottom of the hour would you give

491

00:24:49,450 --> 00:24:45,950

out any sort of contact that our

492

00:24:52,090 --> 00:24:49,460

listening on is able to find you if they

493

00:24:54,490 --> 00:24:52,100

want to chime in and say hi befriend you

494

00:24:57,430 --> 00:24:54,500

or get some of your powerful spiritual

495

00:25:00,669 --> 00:24:57,440

guidance hey Keith are you know I'm very

496

00:25:03,700 --> 00:25:00,679

simple guy and I have not excelled to

497

00:25:05,710 --> 00:25:03,710

write a book and and to have multiple

498

00:25:08,980 --> 00:25:05,720

websites and all of those good things

499

00:25:12,399 --> 00:25:08,990

but I do have a Facebook hello there you

500

00:25:16,870 --> 00:25:12,409

go and so there you go after in Olive

501
00:25:18,669 --> 00:25:16,880
Branch Mississippi and I'll friend you

502
00:25:21,600 --> 00:25:18,679
and keep you unless you just start

503
00:25:24,580 --> 00:25:21,610
saying really ugly things about me and

504
00:25:27,580 --> 00:25:24,590
and then I'll turn you over to Keiths of

505
00:25:28,790 --> 00:25:27,590
Facebook page and you can friend him

506
00:25:31,760 --> 00:25:28,800
then so

507
00:25:34,160 --> 00:25:31,770
now and they can contact me there Keith

508
00:25:37,280 --> 00:25:34,170
they can contact me by phone although I

509
00:25:40,520 --> 00:25:37,290
must say I'm not that attentive to my

510
00:25:47,330 --> 00:25:40,530
phone but you can take a chance you know

511
00:25:49,070 --> 00:25:47,340
roll the dice at 66 2671 2086 and i

512
00:25:51,110 --> 00:25:49,080
would i would love to talk to you know

513
00:25:55,220 --> 00:25:51,120

it especially love to talk to anyone

514

00:25:59,000 --> 00:25:55,230

that has come out of some rigid

515

00:26:02,060 --> 00:25:59,010

religious abuse you need to talk to me

516

00:26:03,740 --> 00:26:02,070

and we'll share some things that that

517

00:26:05,900 --> 00:26:03,750

will help you at a very personal level

518

00:26:08,180 --> 00:26:05,910

and something that I've explored and

519

00:26:11,170 --> 00:26:08,190

then also if you want to catch me in

520

00:26:15,170 --> 00:26:11,180

person there's this guy with really long

521

00:26:18,440 --> 00:26:15,180

golden hair you'll see at Keith's music

522

00:26:20,420 --> 00:26:18,450

gigs I'm one of his brother so you know

523

00:26:24,140 --> 00:26:20,430

if you can't find me anywhere else

524

00:26:26,690 --> 00:26:24,150

there's a high likelihood that I'll be

525

00:26:30,710 --> 00:26:26,700

there with grand theft audio or Keith on

526

00:26:34,990 --> 00:26:30,720

acoustic guitar so yeah love to talk to

527

00:26:41,890 --> 00:26:35,000

anyone or they can of course email me at

528

00:26:46,160 --> 00:26:41,900

st v dot lancaster lan cas ter @

529

00:26:49,460 --> 00:26:46,170

yahoo.com and once again i think i've

530

00:26:51,650 --> 00:26:49,470

got about 50,000 unread emails but you

531

00:26:54,050 --> 00:26:51,660

will not be one of them I promised that

532

00:26:56,810 --> 00:26:54,060

Steve profundity from the chat room

533

00:26:58,370 --> 00:26:56,820

posted your link to your facebook so

534

00:27:01,040 --> 00:26:58,380

listening on its if you can't those in

535

00:27:03,440 --> 00:27:01,050

the chat room check Steve out he is the

536

00:27:06,230 --> 00:27:03,450

real deal on it's it's very much the

537

00:27:10,670 --> 00:27:06,240

reason why he and I connect he's the guy

538

00:27:12,440 --> 00:27:10,680

next door just like me you know I do

539

00:27:13,880 --> 00:27:12,450

strongly suggest if you do the social

540

00:27:16,070 --> 00:27:13,890

media thing that you follow steve on

541

00:27:17,960 --> 00:27:16,080

facebook he has you know he came from a

542

00:27:20,480 --> 00:27:17,970

preaching background a Christian

543

00:27:24,290 --> 00:27:20,490

background he knows the Bible in and out

544

00:27:26,630 --> 00:27:24,300

he knows the real juicy morsels in it

545

00:27:28,760 --> 00:27:26,640

how to interpret it how to implement it

546

00:27:33,080 --> 00:27:28,770

in your life so that you can expand

547

00:27:36,200 --> 00:27:33,090

versus the alternative but Steve is the

548

00:27:38,420 --> 00:27:36,210

real deal and he's always about bringing

549

00:27:40,260 --> 00:27:38,430

people up bringing people up bringing

550

00:27:43,419 --> 00:27:40,270

people up

551

00:27:45,400 --> 00:27:43,429

ktv a fantastic song writer on top of

552

00:27:47,080 --> 00:27:45,410

that and which I recently have to know

553

00:27:51,610 --> 00:27:47,090

him all these years just come to

554

00:27:53,620 --> 00:27:51,620

discover were you gonna say I'm doing

555

00:27:54,880 --> 00:27:53,630

something else knew Keith you know and

556

00:27:57,340 --> 00:27:54,890

it this kind of goes with what we're

557

00:28:01,210 --> 00:27:57,350

talking about exploring power practices

558

00:28:04,180 --> 00:28:01,220

um I did a drum circle I did it let's

559

00:28:07,660 --> 00:28:04,190

see to two weeks two or three weeks ago

560

00:28:10,240 --> 00:28:07,670

and then I did another one yesterday and

561

00:28:12,190 --> 00:28:10,250

Keith I'll tell you something funny we

562

00:28:14,890 --> 00:28:12,200

were out there under the trees and a

563

00:28:17,169 --> 00:28:14,900

midtown lovely setting really great

564

00:28:19,960 --> 00:28:17,179

people they were very casual and

565

00:28:22,000 --> 00:28:19,970

laid-back yet at the same time you could

566

00:28:24,070 --> 00:28:22,010

tell they held this as a sacred space

567

00:28:26,799 --> 00:28:24,080

you know what I mean I mean we told

568

00:28:29,440 --> 00:28:26,809

jokes we were casual but you could tell

569

00:28:33,520 --> 00:28:29,450

that the people in that circle they had

570

00:28:35,590 --> 00:28:33,530

showed up to do spiritual business and

571

00:28:38,380 --> 00:28:35,600

we were all playing different types of

572

00:28:42,250 --> 00:28:38,390

drums and rattles and shakes and now

573

00:28:45,430 --> 00:28:42,260

from different backgrounds we banged for

574

00:28:47,980 --> 00:28:45,440

two and a half hours and it was it was

575

00:28:49,360 --> 00:28:47,990

mid-afternoon and you know mid-south

576

00:28:51,669 --> 00:28:49,370

whether things were getting a little

577

00:28:55,419 --> 00:28:51,679

muggy and I was actually getting a

578

00:28:57,220 --> 00:28:55,429

little drained and when I left there you

579

00:29:01,270 --> 00:28:57,230

know I thought well it was it was kind

580

00:29:04,840 --> 00:29:01,280

of fun first but I don't know really if

581

00:29:08,020 --> 00:29:04,850

there was anything that I experienced

582

00:29:11,789 --> 00:29:08,030

you know I can't Keith I woke up this

583

00:29:15,940 --> 00:29:11,799

morning and things had shifted in me

584

00:29:18,970 --> 00:29:15,950

there was a shift in me there was a more

585

00:29:21,900 --> 00:29:18,980

positive demeanor there was a more

586

00:29:24,669 --> 00:29:21,910

confident stance in my personal life

587

00:29:28,270 --> 00:29:24,679

Keith that's just from a freakin drum

588

00:29:30,640 --> 00:29:28,280

circle you know right you know and I

589

00:29:34,990 --> 00:29:30,650

really I love the the scripture that

590

00:29:38,080 --> 00:29:35,000

says God has chosen the weak things to

591

00:29:41,260 --> 00:29:38,090

confound the wise to foolish things to

592

00:29:43,830 --> 00:29:41,270

bring to nothing things that are and i

593

00:29:47,919 --> 00:29:43,840

really think sometimes when there are

594

00:29:51,760 --> 00:29:47,929

incredible dark parasitic forces trying

595

00:29:55,500 --> 00:29:51,770

to really hone in on us we don't have

596

00:29:58,600 --> 00:29:55,510

have some complicated some exhausting

597

00:30:00,430 --> 00:29:58,610

methodology to eradicate that you know

598

00:30:04,090 --> 00:30:00,440

what I believe the answer is Keith it's

599

00:30:07,660 --> 00:30:04,100

obedience to the spirit it's some simple

600

00:30:09,850 --> 00:30:07,670

maybe even silly little thing that the

601
00:30:12,760 --> 00:30:09,860
spirit may have you it may be playful

602
00:30:14,980 --> 00:30:12,770
Keith it may be childlike like like

603
00:30:18,070 --> 00:30:14,990
beating a drum you know sitting in the

604
00:30:20,230 --> 00:30:18,080
grass barefoot and what else what else

605
00:30:22,420 --> 00:30:20,240
what the spirit want to do other than be

606
00:30:24,610 --> 00:30:22,430
childlike sitting in the grass beating

607
00:30:26,740 --> 00:30:24,620
on a drum or or just sitting on a bench

608
00:30:29,560 --> 00:30:26,750
eating an ice cream cone I'm often said

609
00:30:31,360 --> 00:30:29,570
if you want to see God find a child eat

610
00:30:35,890 --> 00:30:31,370
an ice cream cone or playing with a

611
00:30:38,260 --> 00:30:35,900
lizard exactly that's good cake except

612
00:30:40,570 --> 00:30:38,270
you become as little children you will

613
00:30:42,340 --> 00:30:40,580

not enter into the trundle and I don't

614

00:30:44,830 --> 00:30:42,350

think that's some futuristic thing I

615

00:30:48,130 --> 00:30:44,840

think it's right now in other words the

616

00:30:50,790 --> 00:30:48,140

entrance to that domain within our soul

617

00:30:55,060 --> 00:30:50,800

and heart at this very moment is by

618

00:30:57,430 --> 00:30:55,070

childlike qualities and you know even

619

00:30:59,500 --> 00:30:57,440

the ancients Essenes had something to

620

00:31:02,590 --> 00:30:59,510

say about the archons and their their

621

00:31:06,520 --> 00:31:02,600

battles against humanity and that our

622

00:31:09,400 --> 00:31:06,530

retaining childlike innocence would be

623

00:31:12,190 --> 00:31:09,410

our greatest weapon against that it

624

00:31:14,710 --> 00:31:12,200

isn't that exciting key that just being

625

00:31:19,720 --> 00:31:14,720

like children who's afraid of the big

626

00:31:22,960 --> 00:31:19,730

bad wolf you know yeah I love it I love

627

00:31:26,140 --> 00:31:22,970

it it's not arrogance it's just knowing

628

00:31:29,020 --> 00:31:26,150

that this is one of our greatest tools

629

00:31:31,360 --> 00:31:29,030

and that's why I think laughter is such

630

00:31:34,810 --> 00:31:31,370

an empowerment and being around people

631

00:31:37,090 --> 00:31:34,820

that are that are funny who was the

632

00:31:38,800 --> 00:31:37,100

comedian his dad told him as a child you

633

00:31:41,350 --> 00:31:38,810

know you can have anybody over to spend

634

00:31:44,380 --> 00:31:41,360

the night that you want I just have one

635

00:31:47,830 --> 00:31:44,390

rule they have to be funny you know you

636

00:31:52,960 --> 00:31:47,840

laughter it is a merry heart the proverb

637

00:31:55,120 --> 00:31:52,970

says does good like a medicine it's so

638

00:31:57,310 --> 00:31:55,130

great just the chuckles so good to laugh

639

00:31:59,860 --> 00:31:57,320

at ourselves at our stupidity at our

640

00:32:02,140 --> 00:31:59,870

pride you know today today is the Dalai

641

00:32:03,710 --> 00:32:02,150

Lama's 80th birthday happy birthday

642

00:32:05,240 --> 00:32:03,720

Dalai Lama and

643

00:32:08,120 --> 00:32:05,250

you know what we're speaking about now

644

00:32:10,220 --> 00:32:08,130

his book the art of happiness you know

645

00:32:14,029 --> 00:32:10,230

your happiness there is no path to

646

00:32:16,220 --> 00:32:14,039

happiness happiness is the path eggs oh

647

00:32:18,680 --> 00:32:16,230

you know Keith if you're if you're

648

00:32:22,039 --> 00:32:18,690

looking for something to make you happy

649

00:32:24,950 --> 00:32:22,049

you've already put happiness on hold I

650

00:32:28,250 --> 00:32:24,960

was in this country home one time and

651
00:32:31,159 --> 00:32:28,260
this woman had a blue poster owner on

652
00:32:33,289 --> 00:32:31,169
her very humble refrigerator in her

653
00:32:36,169 --> 00:32:33,299
humble home and it said if you're not

654
00:32:39,890 --> 00:32:36,179
happy right now you're missing a good

655
00:32:42,380 --> 00:32:39,900
opportunity and I think it's it's the

656
00:32:45,080 --> 00:32:42,390
laws that we learn from all the Masters

657
00:32:47,720 --> 00:32:45,090
to be in this monk I'm having a good

658
00:32:50,060 --> 00:32:47,730
time right now Keith I am enjoying our

659
00:32:53,450 --> 00:32:50,070
conversation I'm learning things from

660
00:32:55,760 --> 00:32:53,460
you with you and hopefully sharing by

661
00:32:58,940 --> 00:32:55,770
spirit with those who are listening

662
00:33:01,640 --> 00:32:58,950
Keith I want us all to get turned on

663
00:33:04,070 --> 00:33:01,650

tuned in I you know I believe it was

664

00:33:06,710 --> 00:33:04,080

Alan Cohen says you know people say but

665

00:33:10,100 --> 00:33:06,720

what if everyone what would the world be

666

00:33:11,930 --> 00:33:10,110

if everyone followed their bliss well he

667

00:33:15,080 --> 00:33:11,940

said it would be a truly blissful world

668

00:33:17,930 --> 00:33:15,090

so you know that Jays not rocket science

669

00:33:21,350 --> 00:33:17,940

it's not the world's not gonna fall

670

00:33:23,149 --> 00:33:21,360

apart if if you follow your bliss the

671

00:33:25,130 --> 00:33:23,159

world's not gonna you know your family's

672

00:33:28,100 --> 00:33:25,140

not going to go down the tubes and all

673

00:33:30,260 --> 00:33:28,110

you're responsible Labor's you're going

674

00:33:31,970 --> 00:33:30,270

to still be responsible you're still

675

00:33:35,600 --> 00:33:31,980

going to be grounded but I'll tell you

676

00:33:40,100 --> 00:33:35,610

what if you're caring for others more

677

00:33:42,850 --> 00:33:40,110

than yourself then you're not caring for

678

00:33:46,399 --> 00:33:42,860

the person you were sent here to heal if

679

00:33:48,770 --> 00:33:46,409

you're caring for others more than your

680

00:33:51,590 --> 00:33:48,780

caring for yourself then you are not

681

00:33:54,890 --> 00:33:51,600

healing the person you were sent here to

682

00:33:57,440 --> 00:33:54,900

absolutely because because you cannot

683

00:33:59,450 --> 00:33:57,450

write a check from your account to

684

00:34:00,860 --> 00:33:59,460

someone for a thousand dollars if you do

685

00:34:03,289 --> 00:34:00,870

not have a thousand dollars in the

686

00:34:05,620 --> 00:34:03,299

account all your efforts to help someone

687

00:34:09,230 --> 00:34:05,630

when you're the one that needs the grace

688

00:34:10,940 --> 00:34:09,240

it's for not because you're great you're

689

00:34:12,470 --> 00:34:10,950

talking about you can still be

690

00:34:14,720 --> 00:34:12,480

responsible if you following your bliss

691

00:34:16,579 --> 00:34:14,730

that is your responsibility it is your

692

00:34:18,379 --> 00:34:16,589

primary prior

693

00:34:22,279 --> 00:34:18,389

greatest responsibility it's your

694

00:34:25,309 --> 00:34:22,289

obligation to expand into absolute bliss

695

00:34:28,399 --> 00:34:25,319

and in so doing not only do you fulfill

696

00:34:30,649 --> 00:34:28,409

the contract that you as an individual

697

00:34:32,089 --> 00:34:30,659

made with God your higher self the

698

00:34:33,859 --> 00:34:32,099

universe the collective whatever it is

699

00:34:36,589 --> 00:34:33,869

you want to call it here on this planet

700

00:34:40,779 --> 00:34:36,599

as an individual you are going above and

701
00:34:43,940 --> 00:34:40,789
beyond what is asked of you to do well

702
00:34:45,680 --> 00:34:43,950
you know Keith I gotta tell you you you

703
00:34:48,019 --> 00:34:45,690
amaze me because I'm doing a little

704
00:34:49,639 --> 00:34:48,029
singer-songwriter stuff and I got to

705
00:34:53,289 --> 00:34:49,649
tell you man when I really put my heart

706
00:34:56,839 --> 00:34:53,299
into three songs you know I am I am

707
00:34:59,059 --> 00:34:56,849
sweating I'm not perspire quit here and

708
00:35:01,759 --> 00:34:59,069
I think of you guys you get up there and

709
00:35:04,190 --> 00:35:01,769
you you not only do three songs you you

710
00:35:05,989 --> 00:35:04,200
put 10 songs into a set and you take a

711
00:35:09,200 --> 00:35:05,999
little break and then you do another set

712
00:35:13,099 --> 00:35:09,210
and then another set and then you got

713
00:35:16,069 --> 00:35:13,109

another night to come uh you know Keith

714

00:35:17,660 --> 00:35:16,079

hey I've seen I've seen you tired you

715

00:35:20,509 --> 00:35:17,670

know and I've seen you kind of laid-back

716

00:35:24,769 --> 00:35:20,519

and you know Keith that is a that is a

717

00:35:27,609 --> 00:35:24,779

principle to a key to empowerment is

718

00:35:30,829 --> 00:35:27,619

knowing when and how to rest you know

719

00:35:33,620 --> 00:35:30,839

they're the sabbatical is not some

720

00:35:36,019 --> 00:35:33,630

legalized thing oh my god you know no

721

00:35:39,709 --> 00:35:36,029

but it's a principle of life you know

722

00:35:42,289 --> 00:35:39,719

your cell phone I don't care how sweet a

723

00:35:44,569 --> 00:35:42,299

little cell phone package you got you're

724

00:35:46,219 --> 00:35:44,579

going to have to plug that puppy in and

725

00:35:49,759 --> 00:35:46,229

you're going to have to charge that

726

00:35:55,519 --> 00:35:49,769

thing and you know Keith we cannot deny

727

00:35:57,589 --> 00:35:55,529

ourselves the restoration the backing

728

00:35:59,660 --> 00:35:57,599

off and you know I've seen times you'd

729

00:36:02,059 --> 00:35:59,670

be out and you wouldn't be a social you

730

00:36:05,329 --> 00:36:02,069

wouldn't you and because because you had

731

00:36:10,969 --> 00:36:05,339

to go put your soul cell phone in the

732

00:36:14,029 --> 00:36:10,979

battery charger you know yeah and i know

733

00:36:16,630 --> 00:36:14,039

i don't know i'm amazed Keith it at how

734

00:36:19,999 --> 00:36:16,640

you can crank out so much energy

735

00:36:22,370 --> 00:36:20,009

musically socially and in your other

736

00:36:24,650 --> 00:36:22,380

creative projects i know that you know a

737

00:36:26,390 --> 00:36:24,660

lot about this subject well thank you

738

00:36:28,620 --> 00:36:26,400

Steve for the acknowledgement you know

739

00:36:31,110 --> 00:36:28,630

the energy I have you

740

00:36:33,030 --> 00:36:31,120

even if you if you've seen the movie do

741

00:36:35,190 --> 00:36:33,040

what you love the people who describe my

742

00:36:37,770 --> 00:36:35,200

personality and the word that comes out

743

00:36:39,990 --> 00:36:37,780

as energy i'm very very vibrant I don't

744

00:36:42,720 --> 00:36:40,000

stop I don't know how I just don't stop

745

00:36:45,330 --> 00:36:42,730

I can eat all the food i want never gain

746

00:36:48,120 --> 00:36:45,340

analysis my metabolism is through the

747

00:36:50,190 --> 00:36:48,130

roof i'm a very very passionate person

748

00:36:52,500 --> 00:36:50,200

when i sleep i'm passionate when I use

749

00:36:54,450 --> 00:36:52,510

the restroom I'm passionate when I go

750

00:36:58,100 --> 00:36:54,460

out I passion when I work and passionate

751

00:37:00,870 --> 00:36:58,110

I don't know I don't do this consciously

752

00:37:03,360 --> 00:37:00,880

you know when I had my meeting with

753

00:37:05,340 --> 00:37:03,370

Swansea Viswa yogi last year and god

754

00:37:09,830 --> 00:37:05,350

realized man who gave me a personal

755

00:37:12,690 --> 00:37:09,840

interview he would somewhat commenting a

756

00:37:14,760 --> 00:37:12,700

under certain things that would a hint

757

00:37:16,740 --> 00:37:14,770

to the fact that I have so much energy

758

00:37:18,420 --> 00:37:16,750

that moves through me Steve just a bit

759

00:37:20,250 --> 00:37:18,430

ago we were talking about embracing your

760

00:37:23,370 --> 00:37:20,260

power people we were also talking about

761

00:37:26,040 --> 00:37:23,380

exploring your power practices I didn't

762

00:37:27,570 --> 00:37:26,050

know if you had another example of the

763

00:37:29,450 --> 00:37:27,580

power practices but I think there's

764

00:37:32,160 --> 00:37:29,460

another bullet point here about it's

765

00:37:35,930 --> 00:37:32,170

experiencing your power predetermined

766

00:37:38,180 --> 00:37:35,940

nations yo you know Keith I tell you and

767

00:37:41,070 --> 00:37:38,190

another power practice and I know

768

00:37:43,260 --> 00:37:41,080

everyone has different meditation modes

769

00:37:46,680 --> 00:37:43,270

but I have a thing I call mirror magic

770

00:37:48,510 --> 00:37:46,690

and used to sit in front of a

771

00:37:50,610 --> 00:37:48,520

full-length mirror and I love what

772

00:37:54,570 --> 00:37:50,620

Michael Beckwith says you know look in

773

00:37:57,090 --> 00:37:54,580

your eyes get to know the knower get to

774

00:37:59,880 --> 00:37:57,100

observe the observer keep the divine

775

00:38:03,090 --> 00:37:59,890

observer within us is never moved by

776

00:38:06,150 --> 00:38:03,100

anything going on it's not mad it's not

777

00:38:10,650 --> 00:38:06,160

sad it's just observing I think the only

778

00:38:12,780 --> 00:38:10,660

thing it really is is patient and you

779

00:38:14,460 --> 00:38:12,790

know when you see that dude looking

780

00:38:18,300 --> 00:38:14,470

through your eyes it so it's a blower

781

00:38:20,640 --> 00:38:18,310

and and Beckwith says get to know who

782

00:38:25,470 --> 00:38:20,650

you were before your parents were born

783

00:38:27,390 --> 00:38:25,480

and when you look at that ancient wow

784

00:38:29,550 --> 00:38:27,400

man I'm getting blown away over here

785

00:38:32,190 --> 00:38:29,560

okay when you look at that ancient

786

00:38:36,180 --> 00:38:32,200

divine soul that is wrapped in this

787

00:38:39,690 --> 00:38:36,190

earth suit Keith whoa energy goes up

788

00:38:42,080 --> 00:38:39,700

okay you know you know you begin to get

789

00:38:45,080 --> 00:38:42,090

it you're not just body

790

00:38:47,390 --> 00:38:45,090

this this body is i love the passage in

791

00:38:49,250 --> 00:38:47,400

the book of Romans that says to be

792

00:38:53,140 --> 00:38:49,260

carnally minded is death to be

793

00:38:56,060 --> 00:38:53,150

spiritually minded is life and peace

794

00:38:59,900 --> 00:38:56,070

when you get to know your spirit this

795

00:39:04,460 --> 00:38:59,910

energetic body this this astral not as

796

00:39:08,590 --> 00:39:04,470

we call it this sofa angel this ancient

797

00:39:11,810 --> 00:39:08,600

knower that is inside of you Keith it is

798

00:39:13,700 --> 00:39:11,820

whoa that's mind-blowing you know we've

799

00:39:15,830 --> 00:39:13,710

got this name we've got this birth

800

00:39:18,560 --> 00:39:15,840

certificate we've got this driver's

801
00:39:23,390 --> 00:39:18,570
license and we think that that's who we

802
00:39:26,270 --> 00:39:23,400
are that's not who we are and we we must

803
00:39:31,280 --> 00:39:26,280
spend some time give you all receive who

804
00:39:33,080 --> 00:39:31,290
are we you know y'all step aside lay

805
00:39:37,150 --> 00:39:33,090
into it I mean describe it how you

806
00:39:39,980 --> 00:39:37,160
choose who are we at what is our essence

807
00:39:41,960 --> 00:39:39,990
well you know that that is a very tough

808
00:39:45,140 --> 00:39:41,970
question Keith because I do believe it's

809
00:39:48,040 --> 00:39:45,150
in flux because we are in a process of

810
00:39:51,620 --> 00:39:48,050
uniting you know with with the one

811
00:39:54,260 --> 00:39:51,630
however I believe we are very ancient I

812
00:39:58,970 --> 00:39:54,270
believe we have walked many times many

813
00:40:03,530 --> 00:39:58,980

paths many lives and we we are a very

814

00:40:07,460 --> 00:40:03,540

ancient soul a unique expression of the

815

00:40:13,430 --> 00:40:07,470

divine with knowledge and powers that

816

00:40:16,460 --> 00:40:13,440

are unimaginable and how I can fully

817

00:40:18,800 --> 00:40:16,470

define that being in person I don't know

818

00:40:20,420 --> 00:40:18,810

but Keith I had well in this this will

819

00:40:22,400 --> 00:40:20,430

move us a little bit into the next

820

00:40:24,920 --> 00:40:22,410

experiencing the power pre

821

00:40:28,310 --> 00:40:24,930

determinations all right Keith I believe

822

00:40:32,770 --> 00:40:28,320

this to say it a little more simply we

823

00:40:36,050 --> 00:40:32,780

have appointments with destiny we have

824

00:40:39,200 --> 00:40:36,060

moments that have been very carefully

825

00:40:42,770 --> 00:40:39,210

orchestrated in our life where we are

826

00:40:45,650 --> 00:40:42,780

going to encounter the divine but the

827

00:40:46,790 --> 00:40:45,660

divining us who we are let me ask you

828

00:40:48,200 --> 00:40:46,800

this right here Steve you triggered

829

00:40:50,390 --> 00:40:48,210

something to me not interrupt I want you

830

00:40:52,400 --> 00:40:50,400

to continue where you left off that was

831

00:40:54,500 --> 00:40:52,410

very key for me there's been a lot that

832

00:40:55,930 --> 00:40:54,510

you we all heard the question you know

833

00:40:58,870 --> 00:40:55,940

do we create our lives

834

00:41:01,390 --> 00:40:58,880

or is there predestiny well I think you

835

00:41:03,790 --> 00:41:01,400

I think you may have hit on a very very

836

00:41:07,390 --> 00:41:03,800

important piece of information I did a

837

00:41:12,870 --> 00:41:07,400

very beautiful jewel because what if

838

00:41:15,190 --> 00:41:12,880

just what if they were key time-space

839

00:41:17,470 --> 00:41:15,200

events in your life that happened that

840

00:41:19,630 --> 00:41:17,480

might be what helps shape your

841

00:41:22,780 --> 00:41:19,640

decision-making like at the age of five

842

00:41:24,910 --> 00:41:22,790

or the age of 15 that these are the

843

00:41:27,610 --> 00:41:24,920

absolutely going to happen now however

844

00:41:30,130 --> 00:41:27,620

you meander and dance around all those

845

00:41:31,240 --> 00:41:30,140

is up to you but these are guideposts so

846

00:41:34,540 --> 00:41:31,250

please continue I want to acknowledge

847

00:41:38,770 --> 00:41:34,550

that because it hit me as well something

848

00:41:41,860 --> 00:41:38,780

that alleviates some of my concerns and

849

00:41:43,810 --> 00:41:41,870

lack of clarity about yeah I believe

850

00:41:46,630 --> 00:41:43,820

it's good point I'm glad you've inserted

851

00:41:48,610 --> 00:41:46,640

that Keith because of a very wise old

852

00:41:51,940 --> 00:41:48,620

gentleman once told me said Steve it's

853

00:41:56,020 --> 00:41:51,950

not always either or but it's both and a

854

00:41:58,870 --> 00:41:56,030

whole lot more and I think it's both

855

00:42:01,870 --> 00:41:58,880

free will and distant moments you know

856

00:42:03,720 --> 00:42:01,880

and I think you're exactly right i think

857

00:42:06,580 --> 00:42:03,730

there are some things that are just

858

00:42:08,800 --> 00:42:06,590

orchestrated it's like a freight train

859

00:42:10,690 --> 00:42:08,810

coming through the living room you're

860

00:42:13,770 --> 00:42:10,700

not going to miss it but now how you

861

00:42:17,710 --> 00:42:13,780

respond to it and what you choose as a

862

00:42:20,410 --> 00:42:17,720

consequence of that is is entirely up to

863

00:42:21,940 --> 00:42:20,420

you free beautiful so I do i do think

864

00:42:24,130 --> 00:42:21,950

there's both plate and then I think

865

00:42:27,370 --> 00:42:24,140

there's even more than that so it's

866

00:42:30,370 --> 00:42:27,380

amazing and I had Keith I had one of

867

00:42:35,110 --> 00:42:30,380

those power pre determinations as as a

868

00:42:38,830 --> 00:42:35,120

young man and it was a point in my life

869

00:42:40,870 --> 00:42:38,840

where I was very frustrated well you

870

00:42:43,330 --> 00:42:40,880

know we mentioned the childhood could

871

00:42:46,390 --> 00:42:43,340

preacher and yet as this childhood

872

00:42:48,580 --> 00:42:46,400

preacher grew into puberty hello you

873

00:42:51,690 --> 00:42:48,590

know the sweet little angelic creature

874

00:42:55,890 --> 00:42:51,700

was waking up to a lot of things that

875

00:42:59,980 --> 00:42:55,900

didn't seem uh it seemed contradictory

876

00:43:01,900 --> 00:42:59,990

with who I'd been prior to that and in a

877

00:43:04,390 --> 00:43:01,910

very rigid religious setting I was

878

00:43:06,790 --> 00:43:04,400

assuming a lot of guilt for things that

879

00:43:08,970 --> 00:43:06,800

were very natural you know they're very

880

00:43:11,040 --> 00:43:08,980

natural very healthy well

881

00:43:13,590 --> 00:43:11,050

to the line condition being told that it

882

00:43:18,510 --> 00:43:13,600

wasn't natural or healthy and I was not

883

00:43:22,920 --> 00:43:18,520

being encouraged to own and and to

884

00:43:25,800 --> 00:43:22,930

manage those parts you know of myself

885

00:43:30,800 --> 00:43:25,810

and so I came to a point right I'll

886

00:43:36,150 --> 00:43:30,810

forget it forget it and I took an

887

00:43:40,530 --> 00:43:36,160

extremely extremely large amount of a

888

00:43:44,460 --> 00:43:40,540

substance that we know as LSD and if you

889

00:43:46,080 --> 00:43:44,470

if you really tally it up the window

890

00:43:49,109 --> 00:43:46,090

pane you know that you had split four

891

00:43:51,980 --> 00:43:49,119

ways it was about 40 hits I took that

892

00:43:57,090 --> 00:43:51,990

night okay so you get in the picture

893

00:43:58,650 --> 00:43:57,100

well yeah wow you don't actually now you

894

00:44:00,780 --> 00:43:58,660

know people say oh well you had a

895

00:44:03,660 --> 00:44:00,790

chemical brain experience hey you know

896

00:44:06,180 --> 00:44:03,670

friend you call it whatever you want I'm

897

00:44:08,010 --> 00:44:06,190

I won't argue with you but I'll tell you

898

00:44:12,180 --> 00:44:08,020

one thing I went through a kaleidoscope

899

00:44:19,530 --> 00:44:12,190

tunnel and it spit me out in a world of

900

00:44:22,740 --> 00:44:19,540

love beyond anything I can explain and I

901
00:44:24,690 --> 00:44:22,750
got can't talk about it I mean every and

902
00:44:27,150 --> 00:44:24,700
you know what's funny Keith when I did

903
00:44:29,730 --> 00:44:27,160
it I was expecting damnation

904
00:44:31,170 --> 00:44:29,740
condemnation hell fire you you know

905
00:44:33,930 --> 00:44:31,180
really I remember laying on my pillow

906
00:44:36,120 --> 00:44:33,940
weeping and and saying I don't want to

907
00:44:41,700 --> 00:44:36,130
do this but I don't see another choice

908
00:44:45,599 --> 00:44:41,710
for my life and instead I get into the

909
00:44:50,849 --> 00:44:45,609
the divine embrace and hope Keith you

910
00:44:53,190 --> 00:44:50,859
know the divine embrace when the love of

911
00:44:59,130 --> 00:44:53,200
the Divine showers every cell of your

912
00:45:02,630 --> 00:44:59,140
being with unconditional unjust trust me

913
00:45:05,400 --> 00:45:02,640

like like I said there is no denying or

914

00:45:09,180 --> 00:45:05,410

overlooking the cradle of your Divine

915

00:45:11,310 --> 00:45:09,190

grandparents bosom the office hey you

916

00:45:13,800 --> 00:45:11,320

know what and you know Keith I don't

917

00:45:17,190 --> 00:45:13,810

encourage someone to try to duplicate

918

00:45:20,910 --> 00:45:17,200

that you know I would not encourage that

919

00:45:21,890 --> 00:45:20,920

at all this was my appointment it was my

920

00:45:24,290 --> 00:45:21,900

moment of

921

00:45:26,090 --> 00:45:24,300

desperation you know is amazing that

922

00:45:30,140 --> 00:45:26,100

even the apparatus for all this was

923

00:45:35,030 --> 00:45:30,150

available to me at that time and it just

924

00:45:36,890 --> 00:45:35,040

happened and I it was at that moment and

925

00:45:39,770 --> 00:45:36,900

I you know I've studied many of the

926
00:45:42,020 --> 00:45:39,780
out-of-body experiences of many people

927
00:45:44,960 --> 00:45:42,030
and the shamanic journeys and then the

928
00:45:46,870 --> 00:45:44,970
soul travel of people in in hospital

929
00:45:49,520 --> 00:45:46,880
settings and in their own meditative

930
00:45:52,250 --> 00:45:49,530
experiences and they call that the Royal

931
00:45:55,850 --> 00:45:52,260
room where you go and you're just you're

932
00:45:58,400 --> 00:45:55,860
just embraced by the divine love almost

933
00:46:02,470 --> 00:45:58,410
like it's just healing and and you know

934
00:46:05,030 --> 00:46:02,480
keep you I can never be the same person

935
00:46:08,540 --> 00:46:05,040
Abner that's impossible it's impossible

936
00:46:11,870 --> 00:46:08,550
because you've been expanded beyond any

937
00:46:13,400 --> 00:46:11,880
barriers that would not let you out of

938
00:46:15,110 --> 00:46:13,410

the box that same with me when I said

939

00:46:16,700 --> 00:46:15,120

you know I used the analogy that it's

940

00:46:19,010 --> 00:46:16,710

like being cradled in the divine

941

00:46:21,830 --> 00:46:19,020

grandparents bosom that's how it felt

942

00:46:25,040 --> 00:46:21,840

for me when I was when in India and Sai

943

00:46:29,480 --> 00:46:25,050

Baba bless my japa mala um I saw myself

944

00:46:32,030 --> 00:46:29,490

looking at him I saw myself as he from

945

00:46:35,030 --> 00:46:32,040

his eyes perspective looking down at me

946

00:46:38,600 --> 00:46:35,040

and through this cyclical feedback loop

947

00:46:41,680 --> 00:46:38,610

there was an afore achill explosion

948

00:46:45,890 --> 00:46:41,690

inside of me and I was expanded to

949

00:46:47,450 --> 00:46:45,900

glimpse to be dawn of time and when

950

00:46:50,630 --> 00:46:47,460

something like that to that magnitude

951
00:46:52,760 --> 00:46:50,640
happens how can you be the same because

952
00:46:54,620 --> 00:46:52,770
all your belief system everything that

953
00:46:57,830 --> 00:46:54,630
you have stood on right wrongs Goods

954
00:47:00,460 --> 00:46:57,840
Bad's holy blasphemous in out black

955
00:47:03,790 --> 00:47:00,470
white it all just gets shattered

956
00:47:06,740 --> 00:47:03,800
shattered it doesn't quite by any rules

957
00:47:10,940 --> 00:47:06,750
you know I posted something recently

958
00:47:14,870 --> 00:47:10,950
Keith that said when love becomes the

959
00:47:18,380 --> 00:47:14,880
way of your heart hating someone just

960
00:47:20,720 --> 00:47:18,390
doesn't feel right and hey Keith I've

961
00:47:23,150 --> 00:47:20,730
engaged in hatred since that experience

962
00:47:26,480 --> 00:47:23,160
and I've had bitter feelings but Keith I

963
00:47:29,750 --> 00:47:26,490

can't stay there if there is just no way

964

00:47:31,099 --> 00:47:29,760

I mean that is as foreign to me as

965

00:47:35,349 --> 00:47:31,109

putting a

966

00:47:38,120 --> 00:47:35,359

a fish on the land there was a

967

00:47:40,640 --> 00:47:38,130

transformation and I saw what was the

968

00:47:42,680 --> 00:47:40,650

true essence of divine and the the

969

00:47:45,559 --> 00:47:42,690

Christian masters taught us that god is

970

00:47:49,430 --> 00:47:45,569

love god is love you know you want a

971

00:47:52,670 --> 00:47:49,440

definition god is love and and to have

972

00:47:54,259 --> 00:47:52,680

an experiential aspect of that you know

973

00:47:57,470 --> 00:47:54,269

so that you don't believe it anymore

974

00:48:02,029 --> 00:47:57,480

Keith you know it you know become a

975

00:48:04,729 --> 00:48:02,039

gnostic you become nowhere and it is it

976

00:48:08,690 --> 00:48:04,739

is transformative and it it like you

977

00:48:11,690 --> 00:48:08,700

said very well it just totally destroys

978

00:48:14,299 --> 00:48:11,700

the paradigms that vastly existed now it

979

00:48:17,089 --> 00:48:14,309

took me a while to catch up with that

980

00:48:20,539 --> 00:48:17,099

experience because I came I came back I

981

00:48:22,849 --> 00:48:20,549

was conversational even I was even sort

982

00:48:25,069 --> 00:48:22,859

of by located while this was going on

983

00:48:27,589 --> 00:48:25,079

and of course I was rushed to a hospital

984

00:48:31,759 --> 00:48:27,599

and all the fun stuff they did to me

985

00:48:34,999 --> 00:48:31,769

there but um you know what I had an

986

00:48:40,039 --> 00:48:35,009

appointment I had an appointment key on

987

00:48:43,519 --> 00:48:40,049

on my calendar with the divine love and

988

00:48:46,249 --> 00:48:43,529

you cannot walk away from that same see

989

00:48:50,960 --> 00:48:46,259

I get that I get that that was the way

990

00:48:54,109 --> 00:48:50,970

the tool the expression that it took or

991

00:48:56,359 --> 00:48:54,119

you chose or a mixture of all that for

992

00:48:58,940 --> 00:48:56,369

you to have that divine appointment and

993

00:49:00,920 --> 00:48:58,950

so you know everything is perfect and

994

00:49:03,470 --> 00:49:00,930

you came out okay even if you didn't

995

00:49:05,269 --> 00:49:03,480

quote come out you still okay I mean you

996

00:49:08,569 --> 00:49:05,279

went into this divine window and was

997

00:49:11,420 --> 00:49:08,579

able to touch your your your absolute

998

00:49:15,109 --> 00:49:11,430

self your essence to see that you are so

999

00:49:19,819 --> 00:49:15,119

beyond what you had known to that point

1000

00:49:23,029 --> 00:49:19,829

um you know Steve I i l've had those

1001
00:49:27,049 --> 00:49:23,039
experiences and it's like I've always

1002
00:49:30,229 --> 00:49:27,059
said belief can be an amazing catalyst

1003
00:49:33,650 --> 00:49:30,239
to hire knowing but if you stay in

1004
00:49:36,799 --> 00:49:33,660
belief you it becomes still you become

1005
00:49:39,289 --> 00:49:36,809
still you become frozen into something

1006
00:49:43,009 --> 00:49:39,299
that you really don't know and I my soul

1007
00:49:44,819 --> 00:49:43,019
is too precious or at least my life is

1008
00:49:48,509 --> 00:49:44,829
too precious to gamble

1009
00:49:51,180 --> 00:49:48,519
within that way to exist right on a raft

1010
00:49:53,279 --> 00:49:51,190
of just not knowing for sure I'm one of

1011
00:49:56,370 --> 00:49:53,289
those people who wants to dig I want to

1012
00:49:57,989 --> 00:49:56,380
find the bed of of of absolute knowing I

1013
00:50:01,410 --> 00:49:57,999

want to find the bed where I can plant

1014

00:50:03,469 --> 00:50:01,420

my feet and it feeds me and it expands

1015

00:50:06,930 --> 00:50:03,479

me and to greater sense of awareness

1016

00:50:10,650 --> 00:50:06,940

that's that's what I I can't stop the

1017

00:50:12,509 --> 00:50:10,660

machine you know Keith I just I feel

1018

00:50:16,969 --> 00:50:12,519

like someone listening you know they

1019

00:50:22,049 --> 00:50:16,979

they may feel that they're not capable

1020

00:50:24,479 --> 00:50:22,059

worthy advanced enough let me tell you

1021

00:50:28,979 --> 00:50:24,489

something dear friend listening you know

1022

00:50:31,650 --> 00:50:28,989

this this is not just about it's not

1023

00:50:34,199 --> 00:50:31,660

just about your capabilities and

1024

00:50:41,190 --> 00:50:34,209

worthiness and and and all of that it's

1025

00:50:42,959 --> 00:50:41,200

up it is a divine appointment ok and you

1026

00:50:45,269 --> 00:50:42,969

have those any of you really pay

1027

00:50:47,489 --> 00:50:45,279

attention you've already had some you

1028

00:50:51,809 --> 00:50:47,499

know Keith because i just do not believe

1029

00:50:55,979 --> 00:50:51,819

there is any human excluded from these

1030

00:51:00,269 --> 00:50:55,989

kind of confrontations you know we all

1031

00:51:02,939 --> 00:51:00,279

behold is in a glass the glory of the

1032

00:51:06,569 --> 00:51:02,949

divine and were changed into the same

1033

00:51:11,400 --> 00:51:06,579

image from glory to glory this is what

1034

00:51:13,829 --> 00:51:11,410

the the christian master Paul said and I

1035

00:51:16,499 --> 00:51:13,839

think it's like a mirror and you see

1036

00:51:18,959 --> 00:51:16,509

reflections of the divine in those

1037

00:51:20,819 --> 00:51:18,969

special moments you know I was telling

1038

00:51:23,640 --> 00:51:20,829

you about Beckwith sharing about taking

1039

00:51:25,489 --> 00:51:23,650

a tour group to Africa and and he wanted

1040

00:51:28,529 --> 00:51:25,499

to visit a local shaman and he

1041

00:51:31,529 --> 00:51:28,539

apologizes to the tour group and and

1042

00:51:33,120 --> 00:51:31,539

thus says the all Michael go ahead we're

1043

00:51:35,910 --> 00:51:33,130

fine we're having a great time and he

1044

00:51:38,729 --> 00:51:35,920

goes and he sees this it takes quite a

1045

00:51:41,039 --> 00:51:38,739

little trick out into the jungle and he

1046

00:51:42,749 --> 00:51:41,049

tells the people you know I really need

1047

00:51:44,939 --> 00:51:42,759

to see this guy quick I got to get back

1048

00:51:47,819 --> 00:51:44,949

to the group and they all start laughing

1049

00:51:49,979 --> 00:51:47,829

you know I just chuckling and they said

1050

00:51:53,880 --> 00:51:49,989

Michael who do you think brought you

1051
00:51:56,579 --> 00:51:53,890
here we brought you here we knew you and

1052
00:51:57,329 --> 00:51:56,589
he's a little blown away you know by all

1053
00:51:59,759 --> 00:51:57,339
that

1054
00:52:01,650 --> 00:51:59,769
yeah then the old well I think the guy

1055
00:52:04,709 --> 00:52:01,660
was 80 something years old who actually

1056
00:52:06,839 --> 00:52:04,719
had a father who was a shaman in another

1057
00:52:09,509 --> 00:52:06,849
village who was something like a hundred

1058
00:52:11,400 --> 00:52:09,519
and fifteen or something years old you

1059
00:52:14,579 --> 00:52:11,410
know so we're talking about a family

1060
00:52:16,019 --> 00:52:14,589
lineage of spiritual men and he tells

1061
00:52:20,130 --> 00:52:16,029
Michael you know you've got to come with

1062
00:52:22,170 --> 00:52:20,140
me at night into the jungle and you you

1063
00:52:25,049 --> 00:52:22,180

have an experience and I call this a

1064

00:52:26,999 --> 00:52:25,059

power predetermination and Michael

1065

00:52:29,160 --> 00:52:27,009

shares that in his book and I heard him

1066

00:52:32,700 --> 00:52:29,170

share it from the pulpit recently at

1067

00:52:34,109 --> 00:52:32,710

agape live and you know they marched him

1068

00:52:36,359 --> 00:52:34,119

out there in the night he says he's

1069

00:52:38,849 --> 00:52:36,369

stumbling around you know and just just

1070

00:52:42,779 --> 00:52:38,859

thinking about all the little snakes and

1071

00:52:46,049 --> 00:52:42,789

wooly critters and and a voice comes to

1072

00:52:48,599 --> 00:52:46,059

him out of a tree a tree begins to speak

1073

00:52:50,729 --> 00:52:48,609

with mr. Beckwith the spirit in the tree

1074

00:52:54,089 --> 00:52:50,739

and begins to tell him about his calling

1075

00:52:57,150 --> 00:52:54,099

and his work and what he is destined to

1076

00:53:00,059 --> 00:52:57,160

do and things that will unfold and of

1077

00:53:02,190 --> 00:53:00,069

course he is powerfully impacted and

1078

00:53:04,589 --> 00:53:02,200

Keith this is what I want to say about

1079

00:53:07,170 --> 00:53:04,599

power pre determinations you know you

1080

00:53:09,509 --> 00:53:07,180

you could meditate a million years you

1081

00:53:12,749 --> 00:53:09,519

could read every book you could go to

1082

00:53:16,620 --> 00:53:12,759

every conference you could you could eat

1083

00:53:19,049 --> 00:53:16,630

every herb but you know key it really

1084

00:53:23,819 --> 00:53:19,059

ain't just about us doing it it's it's

1085

00:53:26,279 --> 00:53:23,829

the divine doing it too in and at us you

1086

00:53:28,319 --> 00:53:26,289

know it's when the divine says okay

1087

00:53:30,539 --> 00:53:28,329

you've been walking at this level too

1088

00:53:32,999 --> 00:53:30,549

long we're fixing to turn it up buddy

1089

00:53:35,430 --> 00:53:33,009

we're fixing to turn it up lady we're

1090

00:53:37,319 --> 00:53:35,440

raising the vibration and you know Keith

1091

00:53:40,410 --> 00:53:37,329

I've even heard of people getting a

1092

00:53:43,440 --> 00:53:40,420

humming in their ears getting just like

1093

00:53:46,289 --> 00:53:43,450

a jolt experience and hearing strange

1094

00:53:49,229 --> 00:53:46,299

kind of resonances in their in their ear

1095

00:53:51,239 --> 00:53:49,239

drum but anyway Beckwith receives the

1096

00:53:52,950 --> 00:53:51,249

word he says after that he couldn't see

1097

00:53:55,289 --> 00:53:52,960

in the jungle prior to that now he can

1098

00:53:57,029 --> 00:53:55,299

see you know and he said I was wondering

1099

00:54:01,410 --> 00:53:57,039

how these dudes were walking around in

1100

00:54:03,690 --> 00:54:01,420

the dark was a power predetermination

1101

00:54:06,660 --> 00:54:03,700

and this is what I'm talking about we

1102

00:54:08,219 --> 00:54:06,670

know the master Jesus had his time of

1103

00:54:10,680 --> 00:54:08,229

and you know Keith I'll tell you this

1104

00:54:13,349 --> 00:54:10,690

and I wanna say to those listening

1105

00:54:17,220 --> 00:54:13,359

of times these will follow one of the

1106

00:54:19,859 --> 00:54:17,230

lowest experiences in your life yes on

1107

00:54:22,740 --> 00:54:19,869

us yes and yours you're ready to throw

1108

00:54:25,140 --> 00:54:22,750

in the here you're ready to say look

1109

00:54:27,839 --> 00:54:25,150

I've had it this earth is creepy this

1110

00:54:30,480 --> 00:54:27,849

earth is weird I don't want it i mean

1111

00:54:32,819 --> 00:54:30,490

like play in here anymore and Keith you

1112

00:54:35,010 --> 00:54:32,829

know the story has a happy ending if you

1113

00:54:36,630 --> 00:54:35,020

keep the story moving to get there and I

1114

00:54:40,190 --> 00:54:36,640

believe there are Pluto's there are

1115

00:54:42,690 --> 00:54:40,200

peaks where tho those power pre

1116

00:54:44,760 --> 00:54:42,700

determinations come knocking on your

1117

00:54:46,770 --> 00:54:44,770

door and i'm excited because i don't

1118

00:54:49,950 --> 00:54:46,780

believe we'd be talking about this keith

1119

00:54:52,410 --> 00:54:49,960

unless we had a divine appointment we

1120

00:54:56,150 --> 00:54:52,420

have some I believe everyone else in

1121

00:54:59,910 --> 00:54:56,160

this face every one of us in this

1122

00:55:02,609 --> 00:54:59,920

listening space I believe have a very

1123

00:55:05,130 --> 00:55:02,619

soon forthcoming power pre

1124

00:55:06,780 --> 00:55:05,140

determinations boy Keith I would love if

1125

00:55:10,530 --> 00:55:06,790

they would tell us about him wouldn't

1126
00:55:14,069 --> 00:55:10,540
you yeah of if they would just email or

1127
00:55:17,010 --> 00:55:14,079
call because I really feel this is being

1128
00:55:19,170 --> 00:55:17,020
unleashed right now I got I got a quick

1129
00:55:23,010 --> 00:55:19,180
story Steve for that and it's powerful

1130
00:55:26,220 --> 00:55:23,020
termination some weeks ago I met this

1131
00:55:28,829 --> 00:55:26,230
little kid he showed up at one of my

1132
00:55:32,520 --> 00:55:28,839
gigs he was um old enough to be in the

1133
00:55:34,500 --> 00:55:32,530
bar was talking to him for a bit and he

1134
00:55:36,120 --> 00:55:34,510
was he was a black gentleman and he

1135
00:55:37,829 --> 00:55:36,130
wanted out of the projects he was

1136
00:55:40,290 --> 00:55:37,839
sincere I said are you serious he said

1137
00:55:41,880 --> 00:55:40,300
yeah man I can't stand it I said I'd be

1138
00:55:43,440 --> 00:55:41,890

more than this is not about me I'm

1139

00:55:45,870 --> 00:55:43,450

telling you a story but I'd be more than

1140

00:55:48,630 --> 00:55:45,880

happy to heal you help you provided that

1141

00:55:51,000 --> 00:55:48,640

you know you're serious about it he did

1142

00:55:53,700 --> 00:55:51,010

his work he showed up I gave him some

1143

00:55:56,579 --> 00:55:53,710

books of mine all that being said he

1144

00:55:58,470 --> 00:55:56,589

calls me yesterday I was doing on saxing

1145

00:56:01,319 --> 00:55:58,480

on stage it's one of my co guitar plays

1146

00:56:02,849 --> 00:56:01,329

was playing a song so I just felt that I

1147

00:56:04,290 --> 00:56:02,859

needed to look at my phone even though

1148

00:56:06,750 --> 00:56:04,300

I'm on stage I looked at the phone and

1149

00:56:09,450 --> 00:56:06,760

it was him asking me for some money and

1150

00:56:13,559 --> 00:56:09,460

some food and I told him where I was and

1151

00:56:16,500 --> 00:56:13,569

he beat his feet for miles and walked to

1152

00:56:18,329 --> 00:56:16,510

me and I'd had no cash on me and there

1153

00:56:21,030 --> 00:56:18,339

was five dollars put in the tip jar and

1154

00:56:21,990 --> 00:56:21,040

I asked my co guitar played into the gay

1155

00:56:23,370 --> 00:56:22,000

guy said what do you wanna do is you

1156

00:56:24,230 --> 00:56:23,380

gotta keep the Danny pockets and now I'm

1157

00:56:26,840 --> 00:56:24,240

gonna give it to him he said

1158

00:56:28,910 --> 00:56:26,850

better so I gave him the five dollars we

1159

00:56:31,760 --> 00:56:28,920

decided I'm going to take him to midtown

1160

00:56:34,210 --> 00:56:31,770

where was some sort of drop-off point

1161

00:56:37,970 --> 00:56:34,220

and as I'm talking to this young guy

1162

00:56:40,430 --> 00:56:37,980

explaining to him about alignments how

1163

00:56:42,500 --> 00:56:40,440

when you're in alignment miracles began

1164

00:56:45,440 --> 00:56:42,510

happening things begin to manifest and

1165

00:56:47,990 --> 00:56:45,450

we had that dialogue and I had no idea

1166

00:56:50,630 --> 00:56:48,000

where we were going in midtown the drop

1167

00:56:52,970 --> 00:56:50,640

him off and as I'm describing to him

1168

00:56:55,430 --> 00:56:52,980

miracles and alignment I just so happen

1169

00:56:58,820 --> 00:56:55,440

to pull into a walgreens so I can finish

1170

00:57:01,220 --> 00:56:58,830

talking to him and find out where the

1171

00:57:02,750 --> 00:57:01,230

exact drop off point where he is I can't

1172

00:57:03,830 --> 00:57:02,760

believe you just pulled into walgreens I

1173

00:57:05,870 --> 00:57:03,840

said why is that he said once you

1174

00:57:08,330 --> 00:57:05,880

dropped me off I was gonna walk here and

1175

00:57:09,920 --> 00:57:08,340

use the five dollars that I didn't know

1176

00:57:13,370 --> 00:57:09,930

you was gonna give me to buy the

1177

00:57:15,530 --> 00:57:13,380

medicine at the money to get so said you

1178

00:57:17,930 --> 00:57:15,540

see we just happen not only were you in

1179

00:57:19,400 --> 00:57:17,940

an alignment the alignment happened to

1180

00:57:22,310 --> 00:57:19,410

you while I was talking to you about

1181

00:57:24,710 --> 00:57:22,320

miracles and alignment so I think that

1182

00:57:26,900 --> 00:57:24,720

would be one of those power pre

1183

00:57:28,840 --> 00:57:26,910

determinations that was his appointment

1184

00:57:31,580 --> 00:57:28,850

as well as for me to get another

1185

00:57:34,870 --> 00:57:31,590

spiritual bath of grace but that was

1186

00:57:37,940 --> 00:57:34,880

destined for him you know Keith we

1187

00:57:41,870 --> 00:57:37,950

shouldn't try too hard to orchestrate

1188

00:57:44,960 --> 00:57:41,880

how our good will come the universe will

1189

00:57:46,640 --> 00:57:44,970

support and surprises and and that's

1190

00:57:50,630 --> 00:57:46,650

what you experienced you know that's

1191

00:57:53,060 --> 00:57:50,640

what it experience it sneaks up on you I

1192

00:57:55,790 --> 00:57:53,070

was out in the mountains one time in

1193

00:57:58,010 --> 00:57:55,800

talking it was a conference of dowsers

1194

00:58:00,890 --> 00:57:58,020

people that that douse for water and

1195

00:58:04,340 --> 00:58:00,900

precious minerals and also first for

1196

00:58:07,040 --> 00:58:04,350

healing and therapy and uh it was great

1197

00:58:08,930 --> 00:58:07,050

group of people and I'm walking down the

1198

00:58:10,580 --> 00:58:08,940

trail with one of the elderly ladies

1199

00:58:12,200 --> 00:58:10,590

that had been teaching just and every

1200

00:58:15,080 --> 00:58:12,210

time she'd get near me I'd start weeping

1201
00:58:16,880 --> 00:58:15,090
I mean she was a power predetermination

1202
00:58:19,640 --> 00:58:16,890
in herself and I finally I said Martha

1203
00:58:23,710 --> 00:58:19,650
go away I can't stand every time you get

1204
00:58:25,850 --> 00:58:23,720
near me just stuff starts melting and

1205
00:58:29,240 --> 00:58:25,860
Steve we're getting towards the top of

1206
00:58:31,220 --> 00:58:29,250
the hour I hate to come we could go des

1207
00:58:32,630 --> 00:58:31,230
get this [h__\h] absolutely there's no

1208
00:58:35,210 --> 00:58:32,640
time that when you and I get together

1209
00:58:36,950 --> 00:58:35,220
we're gonna make this apart too and i'ma

1210
00:58:37,499 --> 00:58:36,960
have you back on soon because you and I

1211
00:58:38,909 --> 00:58:37,509
really

1212
00:58:41,189 --> 00:58:38,919
to jail I feel there's a lot of energy

1213
00:58:43,589 --> 00:58:41,199

that's released when you and I do our

1214

00:58:45,179 --> 00:58:43,599

our dance bro I love you is there a

1215

00:58:48,929 --> 00:58:45,189

final thought you would like to leave us

1216

00:58:52,259 --> 00:58:48,939

with on Keith you know going nowhere

1217

00:58:54,449 --> 00:58:52,269

faster will not get you somewhere hey I

1218

00:58:57,689 --> 00:58:54,459

want to encourage everybody run to

1219

00:58:59,849 --> 00:58:57,699

spirit like a mad dog I mean you know

1220

00:59:01,919 --> 00:58:59,859

open your mouth wide and hunger and

1221

00:59:04,589 --> 00:59:01,929

thirst and blessed are those at hunger

1222

00:59:06,839 --> 00:59:04,599

and thirst they will be filled and I

1223

00:59:08,729 --> 00:59:06,849

promise you if you let down that wall

1224

00:59:10,979 --> 00:59:08,739

just a little bit in these earthly

1225

00:59:14,279 --> 00:59:10,989

attachments and these have tues and got

1226

00:59:17,039 --> 00:59:14,289

tues and listen to that want to seek

1227

00:59:20,609 --> 00:59:17,049

first that Kingdom and this other stuff

1228

00:59:24,209 --> 00:59:20,619

will be added to you and now seek that

1229

00:59:27,149 --> 00:59:24,219

run after that like a deer runs after

1230

00:59:29,370 --> 00:59:27,159

water and you will be filled in these

1231

00:59:32,009 --> 00:59:29,380

kind of empowerment's this comes

1232

00:59:35,189 --> 00:59:32,019

strength is kind of daily energy and

1233

00:59:38,189 --> 00:59:35,199

daily enrichment is yours it is your

1234

00:59:40,559 --> 00:59:38,199

birthright it is it is not something for

1235

00:59:42,989 --> 00:59:40,569

an exclusive group it is for you and

1236

00:59:45,209 --> 00:59:42,999

let's all take it let's run with it

1237

00:59:47,549 --> 00:59:45,219

Keith Steve thank you for being here

1238

00:59:50,399 --> 00:59:47,559

everyone mr. Steve Lancaster dear friend

1239

00:59:52,589 --> 00:59:50,409

of mine and he he has a power person and

1240

00:59:54,449 --> 00:59:52,599

for me when I get the chance to mingle

1241

00:59:56,909 --> 00:59:54,459

with him he is a power preterm

1242

01:00:00,029 --> 00:59:56,919

predetermination for me he is that is no

1243

01:00:01,739 --> 01:00:00,039

joke again everyone Steve Lancaster

1244

01:00:03,689 --> 01:00:01,749

Steve my brother thank you Monday

1245

01:00:05,819 --> 01:00:03,699

night's folks yes sir yes sir monday

1246

01:00:09,749 --> 01:00:05,829

nights Keith Anthony Blanchard I am here

1247

01:00:11,609 --> 01:00:09,759

as your guide for the center of light

1248

01:00:13,769 --> 01:00:11,619

radio I'm the captain miss tears a ship

1249

01:00:16,349 --> 01:00:13,779

but I like your involvement please feel

1250

01:00:18,509 --> 01:00:16,359

free to call in to say hi I love being

1251

01:00:20,309 --> 01:00:18,519

in the chat room i love answered asking

1252

01:00:22,169 --> 01:00:20,319

the questions anytime they are able and

1253

01:00:24,539 --> 01:00:22,179

I was not able to get to one but I'm

1254

01:00:26,609 --> 01:00:24,549

gonna make sure profundity that question

1255

01:00:28,559 --> 01:00:26,619

gets answered Monday night 6 p.m.

1256

01:00:29,599 --> 01:00:28,569

eastern daylight time center of a light

1257

01:00:31,930 --> 01:00:29,609

radio remember when

1258

01:00:35,239 --> 01:00:31,940

lay down at night you take those breaths

1259

01:00:36,499 --> 01:00:35,249

and you reflect on your day might as

1260

01:00:39,140 --> 01:00:36,509

well be doing something instead of

1261

01:00:41,960 --> 01:00:39,150

nothing takes taste of breath taste

1262

01:00:44,059 --> 01:00:41,970

those breath tastes those breasts as if

1263

01:00:47,509 --> 01:00:44,069

you were breathing and salivating for

1264

01:00:49,819 --> 01:00:47,519

something grand in your life feel spirit

1265

01:00:53,089 --> 01:00:49,829

move in and out and as you begin to

1266

01:00:55,640 --> 01:00:53,099

shift deeper within yourself who you

1267

01:00:58,640 --> 01:00:55,650

really are you will discover lies just